

Deepening Our Faith Journey

Week #6: October 18, 2015

Thought for the week: We have been exploring various spiritual disciplines. They are listed below. I invite you to continue to incorporate them into your life this week:

*Use an image from nature to help you pray. My example was experiencing the sun rising, and praying, Lord, lighten my path...lighten the pathway of those who deal with depression...lighten the pathway of world leaders....

*As God spoke to Moses from a burning bush, how is God getting my attention? Through difficulties? Suffering? Illness? God can reach us in many ways.

*Lectio Divina: Read the passage. What shines for you in the text? Why do you think that is? What is God calling you to do, change, or become?

*Be more intentional about staying in the present. Our lamenting of the past and anxiety of the future robs us of the present.

*Be more intentional about not complaining. Name your blessings instead!

This week's daily readings:

Sunday, Ruth 1:1-17

Monday, Ruth 1:18-22

Tuesday, Ruth 2:1-13

Wednesday, Ruth 2:14-23

Thursday, Ruth 3:1-18

Friday, Ruth 4:1-12

Saturday, Ruth 4:13-22

Questions to ask as you read:

What is God doing? What questions do I have about God's activities?

What are people doing?

As I listen for God's voice, what is God asking me to do, change or become?