

Deepening Our Faith Journey

Week # 1: September 13, 2015

A spiritual practice to try this week: Letting creation inform your prayer life.

This Sunday's text (Genesis 2: 4b-25) is the second story of creation, so this week's spiritual practice involves connecting our prayer life with creation.

Thoughts from Pastor John.

My experience this morning: I walked through my neighborhood, trying to be conscious of nature around me, and stirrings within me. As I rounded a corner and headed north, the sun was coming up in the east (Or rather, the earth was rotating!). I was bathed in light

An image came to mind...Lord, lighten my pathway. I began to pray in that way: God, lighten my pathway today in decisions I need to make. Lighten the pathway of _____ who needs wisdom....lighten the pathway of _____, dealing with depression...lighten the pathway of world leaders who deal with major issues....The image kept reoccurring to me throughout my 45 minute walk, and became a fruitful pattern for prayer.

Try this practice this week.

When you are out in nature, or even simply driving and seeing God's handiwork around you, incorporate it into your prayer life. Share your experiences with us!

This week's daily readings.

S: Genesis 2:4b-25

M: Genesis 1:1-4a

T: Genesis 3:1-24

W: Genesis 4:1-16

Th: Genesis 4:17-26

F: Genesis 6:1-8

Sa: Genesis 6:9-22

Questions to ask as you read.

What "shines" for me in the passage?

What is God up to?

What are people up to?

As I listen for God's voice, what is God inviting me to do, change, become?

Feel free to print this out and place near your Bible.