

Deepening Our Faith Journey

Week #12: November 29, 2015

Thought for the week: A spiritual discipline might be to simplify our busy lives and our lifestyle. Here are some suggestions for this Advent season:

*For families with grown children, pick names from a hat to focus on one gift at Christmas instead of everybody in your family. Donate the money saved to a project of your choice.

*Use the Good Gifts display at the church to give the gift of an animal or other needed gift to someone in another country, and then send a card to your friend or family member sharing what was done in your name.

*When you receive gifts of clothing, donate the same amount from your closet to a charity

*As always, be more intentional about staying in the present. Our lamenting of the past and anxiety of the future robs us of the present.

This week's daily readings:

Sunday, Isaiah 40:1-11

Monday, Isaiah 41:1-20

Tuesday, Isaiah 41:21-29

Wednesday, Isaiah 42:1-9

Thursday, Isaiah 42:10-20

Friday, Isaiah 42:21-25

Saturday, Isaiah 43:1-7

Questions to ask as you read:

What is God doing? What questions do I have about God's activities?

What are people doing?

As I listen for God's voice, what is God asking me to do, change or become?